

136 will always be home



If you or someone you know is experiencing a mental health emergency, please call 911.

*National Suicide Prevention
Lifeline*

1-800-273-TALK (8255)

Crisis Text Line

Text HOME to 741741

Sean's House is a safe and welcoming place for young adults to take the first step to have an honest conversation about mental health concerns.

Sean's House is not a place offering clinical services. Although at times a person at the facility may be a professional, such individuals are strictly there to provide assistance to visitors towards receiving treatment from outside providers and professionals.



Address

136 West Main

Newark, DE 19711

Contact Us

seanlockeforever@gmail.com

Follow us at @seans.house

www.unlockthelight.com



Sean's House

EST. 2020





We are open 24/7 for
emergency support.
From 8am to 8pm every day,
we are also open for walk-in
peer support and regular
visitation!



Our Mission

Sean's House is a mental health safe haven for young adults ages 14-24, created by the local non-profit SL24: Unlocked the Light. We promote our guests' mental wellness by providing access to trained peer support specialists and assistance connecting with community mental health resources, as well as by providing space for guests to do schoolwork, relax with friends, or simply pick up a hot cup of coffee. The main goal driving this program is youth suicide prevention, which is why making young people feel safe, welcome, supported, and heard is so important to us.



Peer Support

Free services are available to young adults to talk about mental health or substance use challenges with Peer Specialists who have lived experience with similar challenges.

Our Peer Support Specialists are trained to have open and honest conversations about mental health to reduce stigma, motivate young adults, and promote hope throughout recovery.